

TheStudio

For Dance & the Arts
The School of the Rockbridge Ballet

2025-2026 CLASS SCHEDULE

Monday

Green Room

3:30-4:00 Tap 1
4:00-4:45 Ballet 1
~~4:45-5:30 Tap & Tutu~~
5:30-6:00 Senior Conditioning
6:00-7:15 DANC 166 Ballet 1 MGCC
7:15-8:45 DANC 136 Workshop MGCC
7:15-8:15 Senior Rehearsal
8:15-8:45 Soloist Rehearsal

Yellow Room

3:45-4:45 Apprentice Ballet
4:45-5:15 Apprentice Rehearsal
5:15-6:00 Ballet 4
6:00-7:15 Junior Ballet
7:15-8:15 Junior Rehearsal
8:15-8:45 Soloist Rehearsal

Tuesday

Green Room

3:45-4:15 Hip Hop Ages 7-9
4:15-4:45 Pre-Pointe
4:45-5:15 Pointe 1
5:15-6:00 Int. Pointe
6:00-6:45 Adv. Pointe
6:45-7:45 Senior Jazz A
7:45-8:45 Senior Rehearsal

Yellow Room

3:30-4:15 Ballet 5/6
4:15-4:45 Tap 5/6
4:45-5:15 Hip Hop Ages 10-12
5:15-6:15 Apprentice Jazz
6:15-6:45 Apprentice Rehearsal
6:45-7:45 Junior Jazz
7:45-8:45 Junior Rehearsal

(over)

Blue Room

~~3:30-4:00 Jazz/Modern Ages 7-9~~
~~4:00-4:45 Acro 3/4~~
4:45-5:15 Tap 4
5:30-6:00 Company Tap B
6:00-7:15 Senior Ballet
7:15-8:15 Senior Rehearsal
8:15-8:45 Soloist Rehearsal

Blue Room

3:30-4:15 Tap & Tutu
~~4:15-4:45 First Steps~~
4:45-5:30 Ballet 2
5:30-6:00 Tap 2
6:00-6:45 Acro 5
6:45-7:45 Senior Jazz B
7:45-8:45 Senior Rehearsal

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2025-2026 CLASS SCHEDULE (Continued)

Wednesday

Green Room

3:30-5:15 Private Lessons
5:15-6:00 Senior Optional Musical Theater
6:00-6:30 Musical Theater Ages 10-12

Yellow Room

5:20-6:20 Adult Ballet
6:30-7:30 Int./Adv. Teen Ballet

Blue Room

~~3:30-4:15 Acro 1/2~~
4:15-5:00 Adv. Acro
~~5:00-5:45 Tumble & Twirl~~

Thursday

Green Room

3:30-4:00 Tap 3
4:00-4:45 Ballet 3
4:45-5:15 Adv. Hip Hop
5:30-6:00 Company Tap A
6:00-7:15 Senior Ballet A
7:15-8:00 Senior Modern A/B
8:00-8:45 Senior Rehearsal

Yellow Room

4:00-4:45 Jazz/Modern Ages 10-12
4:45-5:30 Teen Jazz/Modern
5:30-6:00 First Steps
6:00-7:15 Junior Ballet
7:15-8:00 Junior Modern
8:00-8:45 Junior Rehearsal

Blue Room

4:00-4:45 Acro 7
4:45-5:15 Private Lessons
5:15-6:00 Acro 6
6:00-7:15 Senior Ballet B
8:00-8:45 Senior Rehearsal